

St Stephen's Tockholes KS1 PSHE Curriculum

Year 2 units	2019-2020
Autumn 1	<p>Feelings and Emotions During this PSHE unit the pupils will be taught: To enable children to begin to recognise emotions and their causes To develop a vocabulary for expressing emotions</p>
Autumn 2	<p>Healthy Eating During this PSHE unit the pupils will be taught:</p> <ul style="list-style-type: none"> To explore and experience different types of food and tastes To become aware of nutritional information which may help in making healthy choices To learn about safe food preparation and handling To begin to enjoy cooking <p>what constitutes, and how to maintain, a healthy lifestyle including the benefits of physical activity, rest, healthy eating and dental health (continue on from year 1) to recognise what they like and dislike, how to make real, informed choices that improve their physical and emotional health, to recognise that choices can have good and not so good consequences (continue on from year 1)</p>
Spring 1	<p>Safety in the Home During this PSHE unit the pupils will be taught:</p> <p>To develop an understanding of what is safe/unsafe in the home and surroundings</p> <p>To develop an understanding of what is safe/unsafe when using the internet (Online Safety)</p>
Spring 2	<p>People who make a Difference During this PSHE unit the pupils will be taught:</p> <p>To identify the contribution that many people have made in advancing and improving human lives about people who look after them, their family networks, who to go to if they are worried and how to attract their attention about the ways that pupils can help the people who look after them to more easily protect them to share their opinions on things that matter to them and explain their views through discussions with one other person and the whole class to offer constructive support and feedback to others</p>
Summer 1	<p>Money During this PSHE unit the pupils will be taught: To make pupils aware of the value of money. To understand the difference between necessity and luxury. To make pupils aware that saving energy in turn saves money</p>
Summer 2	<p>Exercise & Health During this PSHE unit the pupils will be taught: To enable pupils to know that physical activity contributes to a healthy lifestyle To encourage pupils to think about different types of physical activity To enable children to experience enjoyment whilst doing exercise and let them know that not all physical exercise is competitive</p>

	<p>Life Processes</p> <p>During this PSHE unit the pupils will be taught:</p> <p>To recognise and name the main body parts of humans and animals</p> <p>To know that humans and other animals can produce offspring</p>
Year 1 units	2018-2019
Autumn 1	<p>My Family and Other Animals</p> <p>During this PSHE unit the pupils will be taught:</p> <p>To develop pupil's understanding of the kinds of relationships that exist within families</p> <p>To build a word bank of "family" relationships.</p> <p>To make children aware that there are many different kinds of families</p> <p>To recognise and respect difference</p> <p>To encourage pupil's to look at the responsibilities connected towards family members and pets.</p>
Autumn 2	<p>The Senses</p> <p>During this PSHE unit the pupils will be taught:</p> <p>To become familiar with the names of the sensory organs and what they do</p> <p>To explore the senses using food, materials, different sounds etc.</p> <p>To introduce language associated with each sense.</p> <p>To confidently express opinions and preferences</p> <p>Good manners</p> <p>During this PSHE unit the pupils will be taught:</p> <p>To use "please" and "thank you" appropriately.</p> <p>To know not to interrupt others and wait patiently.</p> <p>To speak kind words.</p> <p>To be able share, take turns and let others go first.</p> <p>To use greetings appropriately.</p> <p>To clean up after yourself.</p> <p>To consider the other person's feelings and needs.</p> <p>To accept compliments graciously.</p> <p>To serve and help others.</p> <p>To listen politely to others.</p>
Spring 1	<p>Keeping Safe – in ourselves and in our local environment</p> <p>During this PSHE unit the pupils will be taught:</p> <p>To develop awareness of the benefits of medicine if used correctly</p> <p>To highlight the dangers and risks of putting unknown substances or other people's medicines into the body.</p> <p>Introduce the children to people in the community who deal with safety issues</p> <p>To reinforce the rules for basic road safety</p> <p>To develop awareness of our responsibilities towards the environment and personal safety</p> <p>To realise that being out in the Summer sun without sun protection is detrimental to health</p> <p>Recycling</p>

	<p>During this PSHE unit the pupils will be taught: To encourage pupils to take responsibility for recycling waste To start to understand properties of different materials</p>
Spring 2	<p>Personal Hygiene During this PSHE unit the pupils will be taught: To develop an awareness of the need to keep clean. To encourage good personal hygiene habits. To develop awareness of the need for rules in different contexts To develop an understanding that germs can cause diseases.</p>
Summer 1	<p>Friendship During this PSHEE unit the pupils will be taught: To recognise qualities, behaviours and attitudes which are important in friendships and relationships To respect similarities and differences in each other To accept that others attitudes and values may be different to yours To begin to recognise the range of human emotions and ways to deal with these To recognise the difference between right and wrong in simple everyday situations.</p>
Summer 2	<p>Healthy Eating During this PSHE unit the pupils will be taught: To explore and experience different types of food and tastes To become aware of nutritional information which may help in making healthy choices To learn about safe food preparation and handling To begin to enjoy cooking</p> <p>Growing and Changing During this PSHE unit the pupils will be taught: To develop understanding about how the body changes as we grow older. To become familiar with the ways in which people’s needs and responsibilities change as they get older To introduce language associated with the human life cycle</p>
Foundation Stage (EYFS)	<p>We follow the PSED area in the EYFS</p> <p>Making Relationships I can play co-operatively, taking turns with others. I can form positive relationships with adults and other children. I can show sensitivity to others’ needs and feelings. I can take account of other children’s ideas about how to organise an activity.</p> <p>Self confidence & self awareness I can say why I like some activities more than others. I am confident to speak in a familiar group. I can say when I do or don’t need help. I am confident to try new activities. I can choose the resources I need for my chosen activity. I can talk about my ideas.</p> <p>Managing feelings & behaviour I can work as part of a group or class, understanding and following the rules. I can adjust my behaviour to suit different situations. I can take changes of routine in my stride. I can talk about how people show feelings. I know that some behaviour is unacceptable. I talk about my own and others’ behaviour and the consequences it may have.</p>